

RESEARCH ARTICLE

Simple and rapid HPLC-UV methods for gabapentin quantification in human plasma and urine: applicability in pharmacokinetics and drug monitoring

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Abstract

Aim: We aimed to develop methods to determine gabapentin (GAB) in biological samples using high-performance liquid chromatography (HPLC) with application in pharmacokinetics and therapeutic drug monitoring. **Methods:** Simple, rapid and efficient HPLC-UV methods to quantify GAB in human plasma and urine were developed and validated for clinical analysis of GAB. The 1-fluoro-2,4-dinitrobenzene (FDNB) was used as derivatization agent. For plasma samples, protein precipitation using acetonitrile was performed, before the derivatization reaction. Urine samples were cleaned-up by liquid-liquid extraction with dichloromethane:n-butanol (1:1, v/v) after derivatized. Amlodipine besilate was used as internal standard (IS). **Results:** Gabapentin and IS were resolved on LiChrospher® C18 RP column and a mixture of 50 mM sodium phosphate buffer (pH 3.9):methanol (27:73, v/v) as mobile phase, at 1.2 mL/min. The methods used small sample volumes, 100 and 50 µL of plasma and urine, respectively. Linearity was obtained in the interval of 0.2-14 µg/mL in plasma and 2-120 µg/mL in urine. Both methods showed to be selective, without carry-over effect, precise, accurate and stable in different conditions. GAB plasma concentration in patients receiving 600 to 3600 mg/day of GAB ranged between 0.40 to 11.94 µg/mL at steady-state. **Conclusions:** The methods described in this study were simple, rapid and fulfill all validation requirements. They were easily and successfully applied for population pharmacokinetics and therapeutic drug monitoring of GAB in patients with chronic pain.

Keywords: Gabapentin. HPLC. Plasma. Urine.

How to cite

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INTRODUCTION

Pain is considered a public health problem¹. In 2019, around 20% of adults reported chronic pain in the past 3 months in the U.S., according to the National Health Interview Survey². In the Brazilian population the prevalence of chronic pain varied between 29.3 to 73.3%³. Neuropathic pain is one of the seven categories of chronic pain in the International Classification of Diseases (ICD-11). The number of people affected by neuropathic pain should increase even more due to the increase of elderly population, diabetes incidence and higher survival from cancer⁴.

Gabapentin (GAB) is recommended as first-line treatment for various neuropathic pain conditions (e.g. diabetic neuropathic pain, postherpetic neuralgia, central pain)⁵. For patients with hepatic dysfunction GAB is possibly the safest choice because it is not metabolized, does not bind to plasma proteins and is mainly eliminated unchanged in urine⁶⁻⁸. Although GAB is widely prescribed (in 2019, 69 million GAB prescriptions were dispensed in U.S.), its therapeutic drug monitoring (TDM) is not usual in clinical practice⁹. TDM can be applied when a reference target of plasma concentrations associated with drug efficacy and minimal risk of adverse events is available. In the context of drugs to treat neuropathic pain, TDM can be also a tool to monitor patient adherence, to help physicians decide the best treatment for the patient and to avoid unnecessary opioid prescription. Opioids are the third-line treatment for neuropathic pain, but show high risk of addiction^{5,10}.

There are several high-performance liquid chromatography (HPLC) methods to quantify GAB plasma concentration using UV-vis (HPLC-UV)¹¹⁻¹⁵ and fluorescence (HPLC-FLD) detection¹⁶⁻²¹. However, they use high plasma volume^{12,15}, did not fulfill full validation requirements or present the method validation^{13,14,16-19}. This study aimed to develop and validate simple, rapid and efficient bioanalytical methods using small sample volume to quantify GAB in human plasma and urine by HPLC-UV with appropriate concentrations range to use in clinical analysis of GAB in patients with chronic pain.

METHODS

Chemical and reagents

Gabapentin certificate standard (GAB, 99.8%, USP Reference Standard, Rockville, MD, USA) and amlodipine besylate (99.7%, EDQM, Strasbourg, France) were purchased from LAS do Brasil (Aparecida de Goiânia, Brasil) and Sigma Aldrich® (São Paulo, Brazil), respectively. 1-fluoro-2,4-dinitrobenzene (FDNB) was used as derivatization agent. The solvents methanol (J.T. Baker, Ecatepec, México), acetonitrile (J.T. Baker, Ecatepec, México), dichloromethane (Sigma-Aldrich, St. Louis, USA), n-butanol (Sigma-Aldrich, Duque de Caxias, Brasil) were HPLC grade. The reagents sodium phosphate monobasic (Synth, Diadema, Brazil), 85% o-phosphoric acid (Synth, Diadema, Brazil), 37% chloridric acid (Qhemis, Brazil), boric acid (Sigma, St. Louis, MO, USA), sodium hydroxide (Audaz, São Paulo, Brazil) and potassium chloride (Amresco, Solon, OH, USA) were of analytical grade. Water was obtained from the Milli-Q Plus purification system (Millipore, Belford, MA, USA).

Standard and reagents solutions and quality control samples

Stock solutions of GAB for plasma and urine analysis were prepared in methanol at 100 and 1000 µg/mL, respectively. The work solutions were prepared at concentrations of 1, 2, 5, 10, 20, 30, 60 and 70 µg/mL in methanol for plasma. For urine the concentrations were 5, 10, 20, 30, 50, 75, 100, 150, 200 and 300 µg/mL in methanol. The standard solutions were

stored at -20 °C. Amlodipine besylate, used as internal standard (IS), was prepared at concentration of 200 µg/mL in water and stored at 4-8 °C. The stock solution of 0.06 M FDNB was prepared in acetonitrile and stored at 4-8 °C.

Quality control (QC) samples were blank samples (biological matrix without GAB and IS) spiked with GAB standard solution independently from the calibration standards. Five concentration levels (µg/mL in plasma-urine, respectively) were used: lower limit of quantification (LLOQ, 0.2-2), low QC (LQC, 0.4-4), medium QC (MQC, 6-60), high QC (HQC, 11-90) and QC of dilution integrity (DQC, 20-300).

HPLC method

GAB concentration was analyzed using a Shimadzu liquid chromatograph (Kyoto, Japan) composed by LC-20AT quaternary pump system, DGV-20A4R degasser and SDP-20AT UV-VIS detector. Gabapentin and IS were resolved on LiChrospher® C18 RP (125 × 4 mm, 5 µm; Merck, Darmstadt, Germany) column with LiChroCART® 4-4 Purospher® RP-18 capped guard-column (5 µm; Merck, Darmstadt, Germany), kept at room temperature. The mobile phase was consisted of 50 mM sodium phosphate buffer (pH 3.9):methanol (27:73, v/v), at 1.2 mL/min. Detection was performed at the wavelength of 360 nm. Data acquisition and sample quantification were performed using LabSolutions software, version 5.57 SP1 (Shimadzu Inc., Kyoto, Japan).

Plasma sample preparation

Sample preparation was performed according to Jalalizadeh et al. (2007), with some modifications to reduce the volume of plasma samples and keep it simple¹³. Briefly, 100 µL of plasma were added with 25 µL of IS solution. For protein precipitation, 200 µL of acetonitrile were added, mixed for 5 min and centrifuged for 15 min (15000 ×g, 24 °C). The supernatant (200 µL) was removed to a clean tube and 200 µL 0.25 M borate buffer (pH 8.2), 30 µL 0.06 M FDNB and 1 mL acetonitrile were added. The mixture was inverted, kept in dark in a dryer block at 65 °C for 10 min for derivatization reaction.

After derivatization, samples were kept at room temperature for 5 min and 25 µL 1 M HCl solution were added. Samples were inverted and evaporated up to dryness. Residues were reconstituted in 200 µL of mobile phase and 50 µL were injected.

Urine sample preparation

Samples of 50 µL of urine were added with 25 µL of IS solution, 60 µL 0.25 M borate buffer (pH 8.2), 10 µL 0.06 M FDNB and 300 µL acetonitrile. Derivatization reaction was performed in the same conditions described for plasma samples. Then, liquid-liquid extraction using 500 µL of dichloromethane:n-butanol (1:1, v/v) mixture was used as clean-up method. Samples were shaken for 20 min and centrifuged for 15 min (15000 ×g, 24 °C). Organic phase (750 µL) was separated and evaporated up to dryness. Residues were reconstituted (200 µL mobile phase) and analyzed (50 µL).

Method validation

Full validation was performed according to the "Guideline on Bioanalytical Method Validation" by European Medicines Agency²². The LLOQ was determined by analyzing samples spiked with 0.1 or 0.2 µg of GAB/mL plasma; and 2 or 4 µg of GAB/mL urine. Selectivity was performed with six blank plasma and twelve blank urine sources. Carry-over effect was verified by injecting three samples of blank plasma/urine, one before and

two immediately after the injection of two samples at the upper limit of quantification (ULOQ).

Linearity was evaluated with three calibration curves including the blank sample, zero sample (biological matrix spiked only with IS) and blank samples spiked with GAB standard solution and IS to reach the final concentrations of 0.2, 0.4, 1, 2, 4, 6, 12, 14 µg/mL of GAB in plasma and 2, 4, 8, 12, 20, 30, 40, 60, 80 and 120 µg/mL of GAB in urine. A linear mathematical model using the weight $1/x^2$ was applied.

Accuracy and precision, within-run (single run) and between-run (three different runs), were determined as described by EMA²². Five replicates of each QC samples were analyzed. Accuracy was expressed as relative error (RE, %, Equation 1), the concentration obtained by the method should be within 15% of the nominal concentration value, except for the LLOQ for which values within 20% of the nominal concentration are accepted.

$$RE = \frac{(\text{observed mean concentration} - \text{nominal concentration})}{\text{nominal concentration}} \times 100 \quad 1$$

The precision was expressed as the coefficients of variation (CV, %, Equation 2). The CV values should not exceed 15%, except for the LLOQ for which CV values within 20% are accepted.

$$CV = \frac{\text{standard deviation}}{\text{mean concentration}} \times 100 \quad 2$$

Stability of GAB in plasma and urine samples was assessed using a triplicate of the LQC and HQC. All stability determinations used a freshly prepared calibration curve to obtain the sample concentrations. The stability has been demonstrated in the following conditions: (a) short-term stability at room temperature for 6 h; (b) post-preparative stability for 24 h at room temperature; (c) after 3 cycles of freeze (-70 °C) and thaw; (d) long-term stability at -70 °C; (e) stock and working standard solutions of GAB stored for 120 days at -20 °C and IS solution stored for 30 days at 4-8 °C.

Applicability of the method

The methods were applied to population pharmacokinetics (PopPK) and TDM of GAB in patients receiving the same daily dose of GAB for at least 1 week (steady-state)^{23,24}. The study was approved by the School of Pharmaceutical Sciences (FCF-CEP) Ethical Committee of UNESP (CAAE: 53902516.4.0000.5426) with accord of the Ethics Committee of HCFMRP-USP (CAAE: 53902516.4.3001.5440). Blood sample was collected at steady state and urine samples were collected between dose intervals, both were stored frozen at -70 °C until analysis.

RESULTS

Method validation

In this study, the methods were selective (Figure 1) without residual effects (Figure 2). Linearity was obtained between 0.2-14 µg/mL plasma ($y=0.07957x-0.00605$, $r^2=0.99257$) and 2-120 µg/mL urine ($y=0.01088x-0.00415$, $r^2=0.99741$) concentrations using the weighting $1/x^2$.

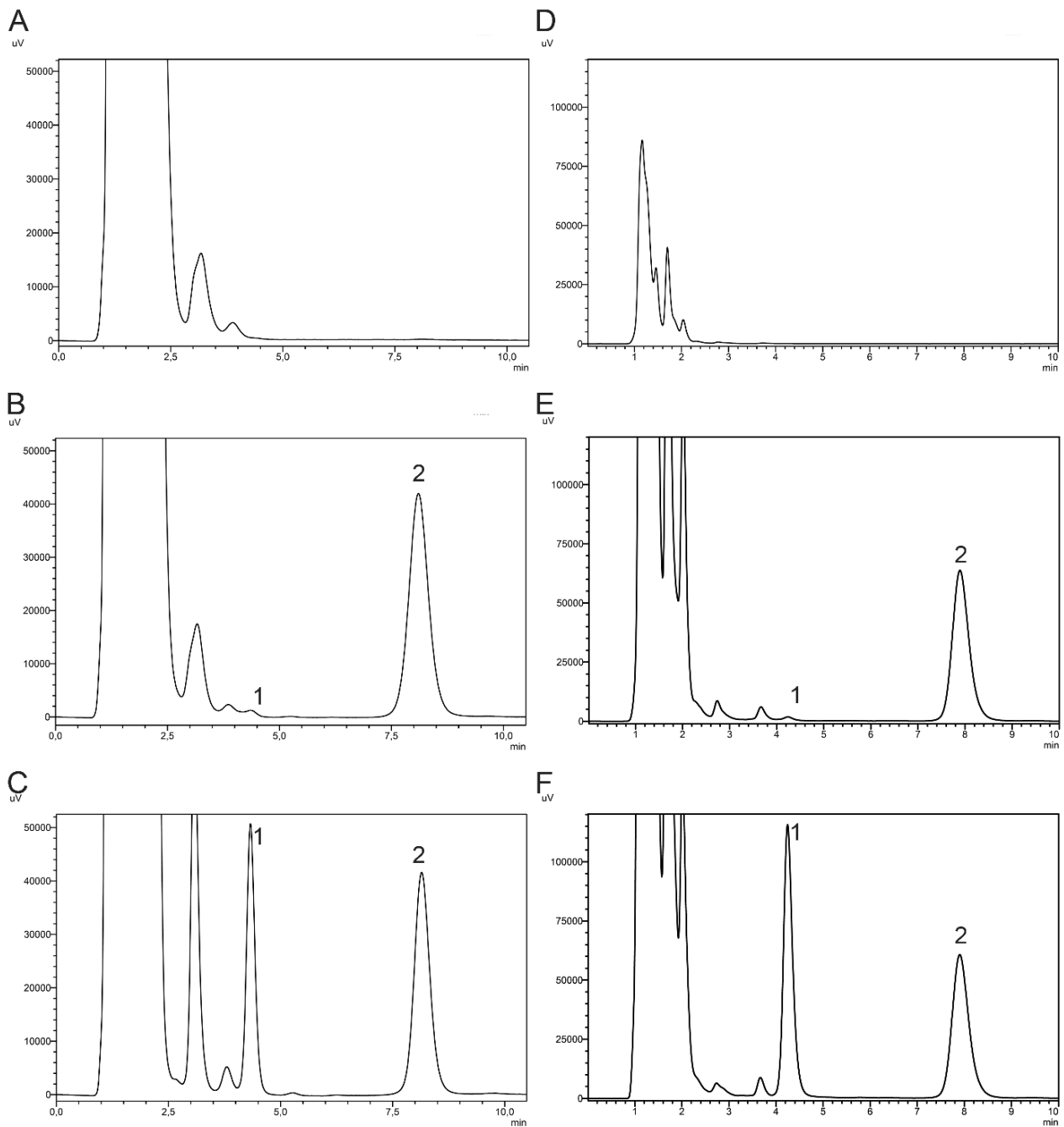


Figure 1. Chromatograms of gabapentin in plasma and urine by HPLC-UV. (A) Blank human plasma (B) Blank human plasma spiked with 0.2 μg of GAB/mL and internal standard (IS, 200 μg /mL) (C) Patient plasma sample at steady-state spiked with IS (D) Blank human urine (E) Blank human urine spiked with 120 μg of GAB/mL and IS (F) Patient urine sample spiked with IS. [Peak: 1. Gabapentin, 2. Amlodipine (IS)].

Precision and accuracy were within 15% coefficient of variation and relative error, respectively. Five- and ten-fold dilutions of plasma and urine samples, respectively, did not affect the accuracy and precision (Table 1).

Stability determinations indicated that samples were stable for up to 6 h at room temperature (short-term stability) and after three cycles of freeze ($-70\text{ }^{\circ}\text{C}$) and thaw (room temperature). Plasma samples were stable after stored for 120 days at $-70\text{ }^{\circ}\text{C}$. On the other hand, urine sample did not show stability when stored for 60 days at $-70\text{ }^{\circ}\text{C}$. The stock and working standard solutions of GAB were stable for 120 days when stored at $-20\text{ }^{\circ}\text{C}$ (Table 2).

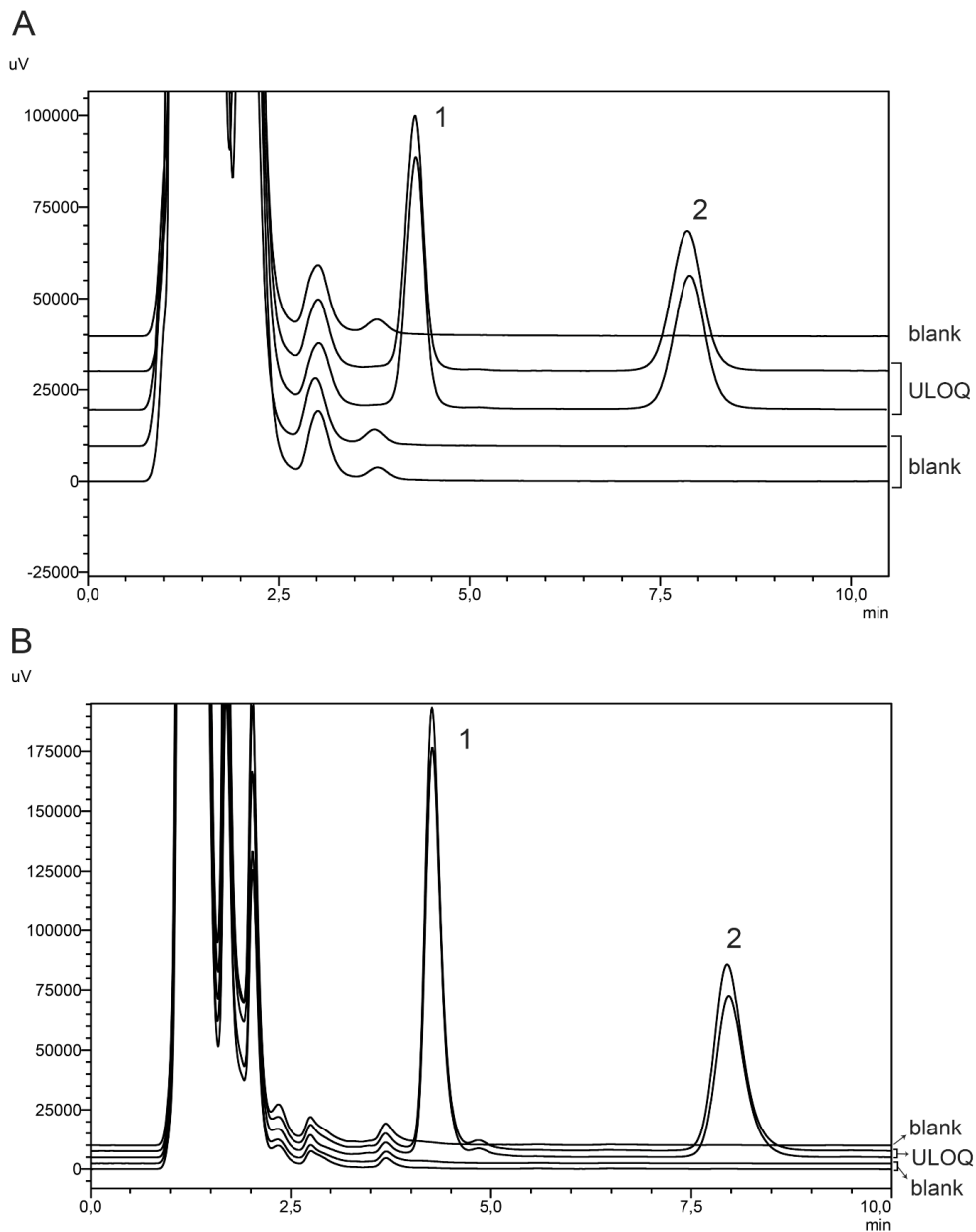


Figure 2. Carry-over effect evaluation on plasma (A) and urine (B). ULOQ: upper limit of quantification (14 and 120 µg/mL of plasma and urine, respectively). Blank: matrix without GAB and IS. [Peak: 1. Gabapentin, 2. Amlodipine (IS)].

Table 1. Precision and accuracy of HPLC-UV methods for the analysis of gabapentin in human plasma and urine

	Concentration		Precision CV (%)	Accuracy RE (%)
	Nominal (µg/mL)	Observed (mean ± SD)		
Plasma				
<i>Within-run (n=5)</i>	LLOQ (0.2)	0.21 ± 0.01	6.24	3.37
	LQC (0.4)	0.42 ± 0.02	4.33	5.54
	MQC (6)	6.8 ± 0.06	0.90	13.31
	HQC (11)	12.48 ± 0.64	5.13	13.47
	DQC (20)	19.79 ± 1.06	5.37	-1.03

Table 1. continued...

	Concentration		Precision CV (%)	Accuracy RE (%)
	Nominal ($\mu\text{g/mL}$)	Observed (mean \pm SD)		
<i>Between-run (n=3)</i>	LLOQ (0.2)	0.20 \pm 0.02	9.89	1.69
	LQC (0.4)	0.41 \pm 0.02	4.35	2.55
	MQC (6)	6.88 \pm 0.21	3.03	14.71
	HQC (11)	12.47 \pm 0.51	4.07	13.32
	DQC (20)	20.59 \pm 1.26	6.13	2.95
Urine				
<i>Within-run (n=5)</i>	LLOQ (2)	2.06 \pm 0.09	4.53	3.02
	LQC (4)	3.45 \pm 0.11	3.06	-13.63
	MQC (60)	53.77 \pm 3.67	6.82	-10.39
	HQC (90)	82.47 \pm 2.34	2.83	-8.36
	DQC (300)	281.10 \pm 14.51	5.16	-6.30
<i>Between-run (n=3)</i>	LLOQ (2)	2.08 \pm 0.20	9.74	4.15
	LQC (4)	3.70 \pm 0.35	9.45	-7.60
	MQC (60)	56.64 \pm 5.00	8.83	-5.61
	HQC (90)	91.10 \pm 9.04	9.92	1.23
	DQC (300)	325.95 \pm 45.19	13.86	8.65

SD: standard deviation; CV: coefficient of variation [(SD/mean concentration) x 100]; RE: relative error {[(observed mean concentration - nominal concentration)/nominal concentration] x 100}; LLOQ: lower limit of quantification; LQC: low quality control; MQC: medium quality control; HQC: high quality control; DQC: quality control for dilution integrity.

Table 2. Stability of gabapentin in plasma, urine and solutions

	RE, % (n=3)			
	Short-term	Post-processing	Freeze-thaw cycles	Long-term
<i>Plasma</i>	(6h at 24 °C)	(24h at 24 °C)	(3 cycles, -70 °C)	(120 days at -70 °C)
LQC (0.4 $\mu\text{g/mL}$)	0.29	-12.31	11.81	-0.89
HQC (11 $\mu\text{g/mL}$)	9.65	11.09	10.34	6.55
<i>Urine</i>	(6h at 24 °C)	(24h at 24 °C)	(3 cycles, -70 °C)	(60 days at -70 °C)
LQC (4 $\mu\text{g/mL}$)	8.44	7.04	-5.54	-20,21
HQC (90 $\mu\text{g/mL}$)	0.09	-0.73	-4.22	-42,20
Standard solutions			RE, % (n=3)	
<i>Gabapentin (120 days at -20 °C)</i>				
Working solution (1 $\mu\text{g/mL}$ methanol)			9.48	
Stock solution (100 $\mu\text{g/mL}$ methanol)			10.08	
<i>Amlodipine (30 days at 4-8 °C)</i>				
Working solution (200 $\mu\text{g/mL}$ water)			-2.24	
Stock solution (400 $\mu\text{g/mL}$ water)			5.21	

RE: relative error {[(observed mean concentration - nominal concentration)/nominal concentration] x 100}; LQC: low quality control; HQC: high quality control.

Gabapentin quantification in patients with chronic pain

The method was successfully applied for the analysis of GAB in plasma samples at steady-state. Trough plasma concentrations ranged between 0.40 to 11.94 $\mu\text{g/mL}$ in patients treated with 600 to 3600 mg/day, as reported previously²⁴.

Ten urine samples were collected in the intervals 0-12 h (n=4) and 0-8 h (n=6) after drug administration. The high interindividual variability observed in the amount of GAB eliminated unchanged in urine (Ae %) in the dose interval can be explained, at least in part, by the variable bioavailability of GAB (Figure 3).

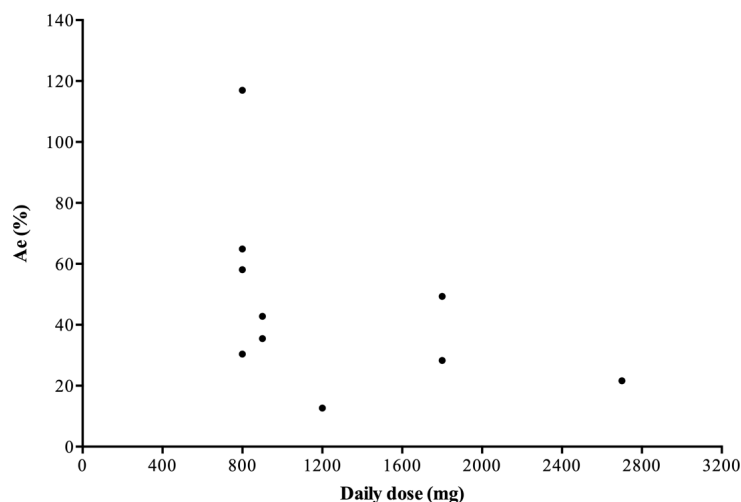


Figure 3. Applicability of the methods to quantify gabapentin in urine samples. Correlation between the amount of GAB eliminated unchanged in urine in the dose intervals (Ae %) and daily dose (mg/day) (n=10). [Ae = urine concentration × urine total volume]

DISCUSSION

HPLC has been the most used method to analyze GAB concentration in biological samples. Other methods as gas chromatography and capillary electrophoresis were also developed, but in a small number²⁵⁻²⁸. Plasma is the most frequent sample used, few methods use other biological matrices, as urine^{11,12,16,25}. This study presents a full validation results of bioanalytical methods to quantify GAB in plasma and urine using HPLC-UV.

As GAB does not have a chromophore group, a derivatization reaction was required. Different derivatizing agents have been used to react with GAB for ultraviolet detection, such as 4-nitrophenylisothiocyanate, 1,2-naphthoquinone-4-sulphonic acid sodium salt (NQS); 2,4,6-trinitrobenzene sulfonic acid (TNBSA) and 1-fluoro-2,4-dinitrobenzene (FDNB)¹¹⁻¹⁵. According to the literature, the reaction with FDNB is faster (10 minutes) than using other agents. Although some methods using FDNB are published, sample stability was not described^{12,13}. Our results showed that samples are stable up to 24 h after the derivatization. A limitation of this study was not evaluating the urine sample stability after being stored at -70 °C for a shorter period, since urine samples showed stability after 1 month at -84 °C as reported by Yagi et al.¹⁶.

Many methods reported the recovery of GAB-derivatization agent complex^{11,13,15,17,18,20,21}. However, the absolute recovery of GAB cannot be determined since no certificate standard of the product of derivatization is available²⁹.

In classical pharmacokinetics studies, serial blood sampling is performed to obtain the plasma concentration versus time profile and pharmacokinetic parameters. Therefore, the use of small plasma volumes for the quantification of GAB is preferable, since it requires small volumes of blood samples collected over time. The HPLC-UV method described in this study was validated using 200 µL of plasma, which is smaller than the used in previous methods (500 µL or 1 mL)^{11,13-15}. Furthermore, sample preparations are simple (protein precipitation and liquid-liquid extraction for plasma and urine samples, respectively) and lower volume of organic solvents are used if compared to methods with solid-phase extraction or liquid phase microextraction^{11,12}.

HPLC and UHPLC coupled to tandem mass spectrometry detector (MS/MS) methods have also been described³⁰⁻³⁸. These methods have several advantages from the analytical chemical point of view. However, even with the advance of chromatography those methods require expensive instrumentation which may not be available in many hospitals. In terms of detectability, lower values of LLOQ are not required due to the high plasma concentrations of GAB observed after therapeutic doses for chronic pain treatment.

The LLOQ determined for GAB plasma quantification (0.2 µg/mL) in this study was higher than the described in previous methods. This could be a limitation only for pharmacokinetic studies with single dose and longer sampling time. However, our results showed that the concentration ranges were adequate to determinate GAB plasma and urine concentration in all patients undergoing chronic treatment.

In conclusion, this study describes HPLC-UV bioanalytical methods to quantify GAB in human plasma and urine. Sample preparation was rapid to perform using protein precipitation and liquid-liquid extraction as a clean-up technique for plasma and urine, respectively. Samples were derivatized with FDNB, in a quick reaction, and showed stability up to 24 h after preparation. The methods are simple, selective, precise, and accurate and were successfully applied to PopPK and TDM of GAB in patients with chronic pain.

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Authors' contributions

PAY – conceptualization, formal analysis, investigation, methodology, validation, visualization, writing – original draft, review & editing; JRLB – investigation, methodology; NVM – conceptualization, funding acquisition, project administration, resources, supervision, visualization, writing – original draft, review & editing